



TRANSITION GUIDE

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1. FIND YOUR PURPOSE

Mark Divine, Founder of SealFit.com, retired Navy Seal Commander asked: What's the easiest way to figure out what your purpose is?

Figure out your 'why'.

What if you can confidently make EVERY decision because you have a clear understanding of WHY?

To figure out your 'why', you need to clarify 3 things:

Your Principles

Your Purpose

Your Passion



Watch for 2 minutes (until the 18:00 mark) as Mark Divine, Founder of SealFit.com, shares a simple diagram to discover WHY you do the things you do.

By figuring out your why, you'll gain clarity on the upcoming, hard decisions you need to make during your transition.

"If you can get through to doing things that you hate to do: on the other side is GREATNESS"

- David Goggins, retired United States Navy SEAL

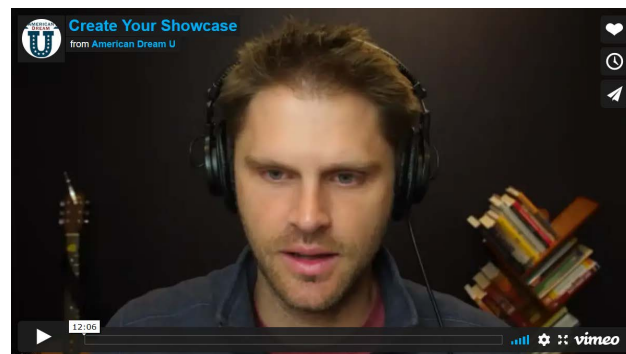
2. REFINE YOUR RESUME BY CREATING YOUR SHOWCASE

Instead of writing 20 pages on how to create an amazing resume, we've made your life easier.

Your resume is your driver's license. Your employer checks to make sure you have it and then moves on.

You need to create a showcase to show visual proof that you create consistently great work.

Remember your resume is a list of your past credentials and your showcase is your future potential.



Click below to see veteran resume samples and how to turn your resume into a showcase.

**Download Resume
Templates**

Create Your Showcase

Once you've made your resume from the templates above, our friends at Still Serving Veterans will review it within 72 hours for free.

Email your resume to info@ssv.org and include "ADU Student" in the subject line and email body.

"Discipline through cadence."

*- Daniel Alarik, Army Sergeant to
Founder of Grunt Style*

3. NETWORK YOUR WAY TO SUCCESS

One of the best tools to help you land your dream job is LinkedIn. LinkedIn has powerful searching capabilities and many employers find interviewees based on their profiles.

Making a LinkedIn profile can be intimidating and overwhelming.

Our friend Josh Ochs has put together this simple video guide to walk you through filling out your LinkedIn profile. We've also written a 5 minute "field guide" of LinkedIn Dos and Don'ts. **Check them out by clicking the images below:**



Military Transition: LinkedIn Dos and Don'ts

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Phil Randazzo

Founder of American Dream U & Clarity Council. Our organizations brings the world's top entrepreneurs together to help those making a potentially difficult...

36 articles

Ever wished you had a "Field Manual" of dos and don'ts for transitioning service members using LinkedIn? Here you go:

If they aren't hiring, don't ask for a job

The goal on LinkedIn is to create a connection. Maybe that connection will get you a job right away, maybe they'll get you a job months down the road, maybe they'll make your job easier in the future, or maybe they'll just give you some great advice. Don't ask every connection you make for a job right away, especially if they aren't hiring. Asking someone

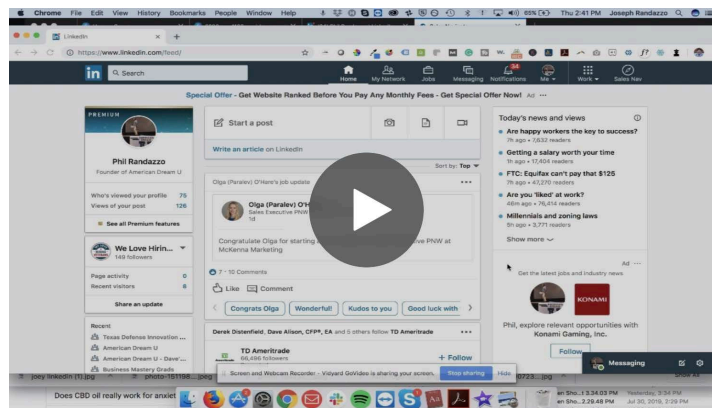
'Fear not the unknown. Stare into uncertainty and say: 'I've got this, bring it on!' Doubt is eliminated with disciplined, purposeful actions... one at a time.'

- Mark Divine, Founder of SealFit

4. HOW TO USE LINKEDIN

You should be putting far more time into networking than applying for jobs online. Connections will get you much further than a cold application can.

There's a LinkedIn "hack" you can use to 10x your networking efforts.



You can easily find hundreds of people through an "advanced search" on LinkedIn based on job title, past military experience, etc.

And these highly targeted people can work in the same industry, job title, or company you're hoping to join.

The video to the right shares exactly how to use this LinkedIn "hack" to network your way to your dream job.

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- Mark Divine, Founder of SealFit

5. STRATEGIC NETWORKING

Not all networking is worth the same.

You have to know how to get your foot in the door and which door to even get your foot into. There are many strategies for doing so, some more effective than others.

Check out Ian Altman's advice:



6. TAKE ACTION IMMEDIATELY (EVEN IF YOU DON'T KNOW WHICH ACTION TO TAKE)

The transition may not be an easy thing, but you can create your future today.

The biggest inhibitor to you having a successful transition? It's your daily habits and rituals.

When you procrastinate or think about what you **SHOULD** be doing (instead of actually doing it), and fail to put enough effort into your transition, then you're setting yourself up for frustration.

Therefore, when you aren't sure what you should do, just take action and do something today.

"In any moment of decision, the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing."

Are you not sure which action you should be taking? We recommend our ADU LIVE sprint course where we focus on our 3 pillars (relationships, wellness, and finances). Each month we have the top expert speakers come to discuss tips & tricks on a successful transition. Courses begin the first Tuesday of every month - register below.



"Stop researching every aspect of it and reading all about it and debating the pros and cons of it... Start doing it."

- Jocko Willink, retired United States Navy SEAL

FREE ONLINE COURSES SO YOU CAN CRUSH YOUR TRANSITION.

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